



Curriculum – Mini Kick

Activity # - 115

|                             |  |                    |              |
|-----------------------------|--|--------------------|--------------|
| <b>Game Title:</b>          | Shrek and Donkey                           | <b>Game Theme:</b> | Disney Movie |
| <b>Learning Outcome(s):</b> | Develop physical literacy and ball control |                    |              |



**Organization:**

1. 20 x 20 yard area set up as shown
2. 12 players (3 Attackers, 9 Defenders) set up as shown
3. 9 pinnies for tails

**Story/Description:**

1. Donkey has been annoying Shrek all day by talking and talking and talking so Shrek decides to pull Donkeys tail
2. Shreks (Taggers) have to pull out Donkeys tails (pinnie in the back of the shorts) as quick as they can
3. Once all the Donkeys have been caught, the game ends

**Coaching Points:**

1. Look around and be aware of where the Shreks are at all times
2. Keep Shrek's in front of you at all times to avoid having your tail taken
3. Change of speed and direction to avoid being caught

**Developments:**

1. P – Donkeys turn into Shreks once their tail has been pulled